



HEALTHCLUB

Hilton Anaheim

Monthly Memberships Available

Hours
Monday – Friday
5:30 am to 10:00 pm

Saturday & Sunday
6:00 am to 8:00 pm

The Health Club Hilton Anaheim requires a two-hour cancellation or rescheduling notice. Any appointments missed are subject to a 100% fee that will be automatically charged to the room or credit card provided at time of booking.



Anaheim's newest and most upscale health club is located at the Hilton Anaheim and offers the area's residents and workers with the perfect place to get in shape. **The Health Club at Hilton Anaheim** is a 25,000-square-foot, full-service fitness and wellness facility with state-of-the-art equipment, an indoor swimming pool, group exercise classes and a full menu of spa services. Daily, multi-day and monthly memberships are available.

The new Health Club offers Hilton Fitness by Precor® cardio equipment with individual entertainment systems and an extensive selection of new weight training machines and free weights in a contemporary setting. High-energy group exercise classes includes indoor cycling, yoga, muscle conditioning and Rowbics™.

Spa & Wellness Services

The Health Club's experienced spa technicians offer a full menu of services, including massage, spa facials and nails. Certified massage therapists aim to work out every knot, kink and tight spot in the body. Lie back and let their hands do the talking. All treatments include use of the fitness center for the day. Products used in facial treatments can be tailored to accommodate any skin type. All facial treatments include an intense cleansing, skin rehydration, specialized treatment, and brief neck, shoulder & scalp massage. Can't decide on just one treatment? The club offers a variety of spa packages for a total head-to-toe refresher. For your hair needs, visit Marikas Hair Salon on the lobby level.



Extensive Free Weight Room

Something for Everyone

The Health Club at Hilton Anaheim offers something for everyone with a sparkling, newly refinished indoor pool and hot tub; men's and women's locker rooms with steam rooms and complimentary towel service; indoor basketball court, perfect for a pick-up game; and available private personal training.



Cycling Room



Indoor Exercise Pool



Rowbics



HEALTHCLUB

Hilton Anaheim

777 Convention Way • Anaheim, CA 92802-3497
(714) 740-4431



Located in the Lower Lobby
of the Hilton Anaheim



Spa Packages

The California Lift

Swedish Massage 50 Minutes

Calming Chamomile Facial 50 Minutes

This full body massage and facial combination will calm your mind, ease your senses and lift your spirit.
\$165

The Dream Deluxe

Spa Massage 50 Minutes

Hilton Signature Facial 50 Minutes

Salt Glow Body Scrub or Cooling Mint Body Scrub 25 Minutes

Whether an afternoon of site-seeing and shopping or a day of business meetings, this combination of relaxing treatments is the perfect compliment to any stay in the Anaheim Resort.
\$225

Sheer Indulgence

Spa Manicure & Pedicure 120 Minutes

Swedish Massage 50 Minutes

Calming Chamomile Facial 50 Minutes

Salt Glow Body Scrub 25 Minutes

Pamper yourself with a complete day of spa treatments that will leave you feeling rejuvenated, refreshed, and energized. Just sit back, relax, and let our therapists' hands do the talking.
\$275

Body Massage

Massage treatments may only be booked for guests 18 and over.

Swedish

Swedish massage applies light to medium pressure resulting in a relaxing, indulgent treatment.

Reflexology

Concentrating on the reflex points found in the hands and feet, this specialized technique relieves stress and tension throughout the body.

Swedish & Reflexology Sessions

25 Minutes \$70

50 Minutes \$95

80 Minutes \$125

Shiatsu

A technique whose name translates to "finger pressure" using philosophies of acupressure.

Deep Tissue/Sports Massage

Specifically adapted to deal with the needs of athletic performance on the body.

Shiatsu & Deep Tissue/ Sports Massage

25 Minutes \$80

50 Minutes \$115

80 Minutes \$145

Aromatherapy or Hot Stone

These treatments may be added to any massage listed above.

\$20 + cost of body massage



Facials

Products used in treatments are all-natural and can be tailored to accommodate any skin type. All treatments include an intense cleansing, skin re-hydration, specialized treatment; and brief neck, shoulder, & scalp massage.

Calming Chamomile Facial

Customized to the skin's needs, this facial hydrates and replenishes minerals to the skin through the use of a customized chamomile mask, specialized for sensitive skin.

50 Minutes \$95

Hilton Signature Facial

A rubber-like mask is smoothed onto the face and later peeled off to expose moisturized, toned and healthy skin. For all skin types.

50 Minutes \$95

High Performing Facials

Age-Defying Collagen Veil Facial

The face is embraced in a collagen rich veil, designed to target the delicate areas of the eyes, mouth and lips in order to restore them to their youthful elasticity.

50 Minutes \$110

With Vitamin C Treatment \$135

Renew Cleansing Facial

A deep cleansing treatment designed to clear acne-prone skin.

50 Minutes \$125

Waxing

Full waxing services are available. Please speak to a Spa receptionist for details and pricing.



Nail Care

Spa Manicure

Service includes shaping, cleansing and cuticle trim using exfoliating crystals for removing dry skin cells, a therapeutic massage from your elbow to your finger tips, and polish, leaving your hands with hint of citrus and melon.

50 Minutes \$29



Spa Pedicure

This service includes shaping, cuticle trim, and callus reduction using natural sea salts. Also a therapeutic massage from the calf to the tips of your toes leaving your feet feeling soft, cool and tingling. Lastly, polish is applied.

50 Minutes \$45

Spa Mani/Pedi Combo

Treat yourself to both of the above treatments in one sitting.

80 Minutes \$69

Acrylic or Gel Full-Set

Service includes application, shaping, and polish of acrylic tips, cuticle trim and polish.

80 Minutes \$55 and up

Fill

50 Minutes \$45 and up

Repairs

\$8

Gel Polish

\$40

Body Treatments

Salt Glow Body Scrub

Exfoliate the entire body and achieve a smooth, soft finish that will leave your skin glowing and radiant. A cooling moisturizer completes this treatment leaving you refreshed for the rest of your day.

25 Minutes \$85

Men's Line

Men's Manicure

Service includes shaping, cleansing, cuticle trim and massage from elbows to fingertips. Ends with a buff or clear polish.

45 Minutes \$25

Restore Age-Fighting Facial

Designed for men and their specific skin care needs, this treatment fights against fine lines and wrinkles and to provides firmness, vitality and cellular energy to men's skin.

50 Minutes \$95